



Island Tan
162 Seven Farms Dr
Ste 305
Daniel Island SC 29492
(843) 388-8301
danielislandtan.com
info@danielislandtan.com

Preparation & Maintenance for your sunless spray tan session

TO GUARANTEE NATURAL LOOKING “JUST OFF THE BEACH” COLOR:

Enhance the effectiveness of your sunless tanning session by conditioning your skin and then taking steps to help maintain your sunless tan.

Note: After spray tan application, a short UV tanning session (without sweating) will accelerate and enhance your results.

Preparation

1. EXFOLIATE BEFORE EACH SESSION TO REMOVE DRY, FLAKY SKIN.

- a. Remove dead, dry skin cells that will prevent the absorption of DHA bronzers into fresh healthy skin cells. This allows for the *Norvell* spray to absorb deeply into the skin and oxidize to a brilliant golden brown color. Spraying sunless products on dry flaky skin causes the tan to look less natural, uneven when fading and will shorten the life of your sunless tan. For exfoliation of extremely dead, dry skin cells we suggest a two-step process.
- b. First, use *Ambersun Sea Coral Salt Scrub* for a deep exfoliation and skin treatment 24 hours before you spray session. This provides a thorough, deep skin exfoliation to nourish and moisturize your skin. Second, use *Ambersun Moisturizing Body Scrub* on the morning of your session for a light exfoliation, moisturizing and skin PH balancing treatment – this gives your skin the fuel needed for beautiful, long lasting color.
- c. **NOTE:** *Avoid using bar soaps, high PH shower products or in-shower moisturizers. These products can halt the DHA bronzing reaction or cause the “orange effect”*

2. **STOP! DO NOT APPLY LOTION.** Do not apply lotions, moisturizers or perfumes prior to your session. Use deodorant sparingly. It is best not to apply makeup but if you do then remove before your session.
3. **WEAR DARK, LOOSE FITTING CLOTHING** and remove jewelry. Tight clothes can rub off or smear the bronzers.
4. **PRE-SPRAY:** *Norvell’s Ambersun PH Balance Spray with DHA enhancers* may be applied by the customer or technician before your session. This product provides your skin with light hydration, PH balancers as well as *Norvell’s* new DHA enhancer technology to insure a darker, more natural looking color. It also helps to eliminate the “orange effect” in both dark – and fair – skinned individuals.

5. **PROTECTION:** Use *Norvell's Lip Invest* or *Ambersun Barrier Crème* to prevent solution from coloring your lips, palms, nails, cuticles & feet. For covering your eyes, we suggest *WINK-EASE* available from your salon.

Maintenance

1. **AVOID SWEATING!** Immediately after your spray tanning session. Avoid activities that may cause you to sweat excessively to avoid streaking the cosmetic bronzer. Use the air conditioning in your car on a hot day. Remember, you just have been tinted with a water-soluble solution.
2. **AVOID WATER!** You must avoid water entirely for at least 4 Hours or you will stop the tanning action of the DHA and /or cause streaking.
3. **AVOID SWIMMING& SPAS!** Avoid chemically treated swimming pools and spas for at least 24 hours after your spray session to prevent color from fading.
4. **CLEANSING – WAIT TO SHOWER!** For maximum results, wait at least 16 Hours before showering or bathing. After that time, we recommend *Norvell Ambersun Hydrating Shower Gel* as your shower product. Avoid using bar soaps or high PH products – they will strip and fade your tan rapidly. *Norvell's* body cleansers are designed to hydrate, moisturize and nourish while maintaining the proper PH levels for your skin. Proper cleansing insures even fading and the longest lasting, most natural looking sunless results. After bathing, gently “pat dry” skin. If you must bathe prior to the 16 hour process period use plain water only. The instant cosmetic bronzer will wash off – as it is designed to do.
5. **TAN EXTEND/MOISTURIZE/REFRESH:** The day after your sunless spray session and after your first shower, use *Ambersun Prolong Moisturizing Lotion*. This lotion helps keep your tan healthy and the skin moisturized while adding refreshing flow each day to your color. It also helps your color fade gradually and evenly. For an extravagant daily ritual, try *Ambersun Body Butter* – a rich crème developed to eliminate severely dry skin due to environmental exposure, UV and sunless tanning.
6. **BETWEEN SESSIONS:** For additional color, we suggest the use of *4 Faces Touch-Up Spray*, *Ambersun Sunless Mousse*, *Ambersun Sunless Spray* or *Ambersun Sunless Lotions* (with or without instant bronzer) between salon spraying appointments to preserve and maintain your beautiful deep, dark color.

REMEMBER, HEALTHY SKIN TANS BEST!

For more information on best tanning practices, contact us:

Island Tan (843) 388-8301
162 Seven Farms Dr Danielislandtan.com
Ste 305 info@danielislandtan.com
Daniel Island SC 29492